

## Tips and Advice

### Preparation for your Sienna X Spray Tan

- × Exfoliate the night before your tan.
- × Avoid wearing moisturisers, make-up, perfume and deodorants as these can block absorption of your Spray Tan.
- × Wear loose fitting, dark clothing whilst your tan is developing. Sienna X washes out of most materials but can stain nylon and lycra. Dark coloured underwear is also recommended.
- × Tan at least 2 days after you have had waxing.
- × Shave at least 8 hours before your tan.
- × Do not tint your eyelashes or eyebrows for atleast 48 hrs pre tan.

### The Reaction Process

**It is very important for the reaction process to be completed for a flawless natural tan During the 8 hour development time it is strongly advisable not to**

- × Have a shower, wash or take strenuous exercise as this can make the tan look streaky or patchy.
- × Wash hands for 4 hours.
- × Sit on light fabric / leather seats and sofas.
- × Wear tight clothing for 5 hours.
- × Apply moisturiser prior to your post tan shower.

### How to Look After Your Sienna X Spray Tan

- × Apply moisturisers' twice daily, avoiding rich
- × Creams and those containing ahas as these will cause the skin to exfoliate faster.
- × Pat skin dry instead of rubbing.
- × Take care when exercising as profuse sweating can cause your tan to fade.
- × Avoid long showers and baths.
- × Avoid waxing until tan has disappeared.



**Sienna**  
PROFESSIONAL SPRAY TAN

